

## Prelude Respite

Prelude Respite  
Capacity: 12

Held on the third Tuesday of  
each month

Time:

1:00 pm-4:30pm

Location:

Genesis United Methodist  
Church

850 High House RD

Cary, NC 27513

This service is grant funded. No fees  
for service, but donations are  
welcome.



The Center for Volunteer Caregiving is excited to offer a new group respite, Prelude Respite. This service allows caregivers of seniors with dementia to take a break while their family member participates in meaningful activities with their peers.

Caregivers are encouraged to participate in Prelude Respite from 1:00 –4:30 and then attend Memory Café at the Cary Senior Center for dinner and entertainment at 4:30.

Contact Renee Myatt at

The Center for Volunteer Caregiving

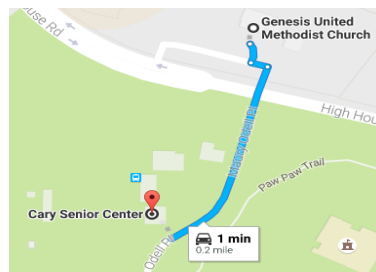
to learn more about this service.

[rmyatt@ctrvolcare.org](mailto:rmyatt@ctrvolcare.org)

[www.volunteercaregiving.org](http://www.volunteercaregiving.org)

919-460-0567

*Prelude Respite held at Genesis United Methodist, directly across the street from Memory Café at The Cary Senior Center*



Learn more about the Memory Café at [www.memorycafe.org](http://www.memorycafe.org)